

14
Mildred Adams
381 Mac Donough Street
Brooklyn, N.Y 11233

8188 '99 DEC 14 P1:49

Jane Henney, M.D Commissioner
U.S Food and Drug Administration
5600 Fishers Lane
Rockville, MD 20857

October 31, 1999

Dear Dr. Henney:

I am writing you as a professional health person requiring that you engage in the study of the existing petition which asks the FDA to set "Daily Value" for both refined sugars and labeling, the daily value amount that a food serving has should be listed on labels.

Americans would appreciate better labeling on how much sugar we are consuming. It would be to our advantage to know that the FDA agrees with the U.S. Department of Agriculture recommendation of only 10 teaspoons of sugar for a 2000 calories a day diet. We recommend labeling in grams so that we can limit our calories per day with less sugar consumption. It is important to know what foods have natural or added sugars and their daily intake in each and every serving if one wants to keep up with calories.

The purpose of this petition is to inform the public of how much sugar is recommended in foods in order to better determine and maintain a healthy diet. Join us in our quest of 10 teaspoons, 40 grams per day as a "Daily Value", and add a line on food labels for all additional sugars, Thank You.

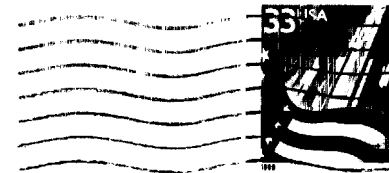
Sincerely,

Mildred Adams

99P-2630

C106

Mildred Adams
381 Mac Donough St
Bklyn N.Y. 11233



Jane Henney, MD Commissioner
U.S. Food and Drug Administration
5600 Fishers Lane
Rockville, MD 20857

